

# NCPS 47th Annual Meeting Program Registration Form

March 31 - April 2, 2006 m Monterey Plaza Hotel and Spa m Monterey, CA

## Friday, March 31st

### PM

2:30 – 4:00 **Changing the World: Integrated Services for Dual Disorders**

Richard Shadoan, MD, Chair. Panelists: Ken Minkoff, MD; Bob Cabaj, MD; and Aaron Chapman, MD

This workshop provides an overview of the problem of “dual diagnosis”, and then identifies principles of successful treatment intervention derived from available research on evidence-based best practices.



4:00 - 5:00 **Making a Difference: Psychiatrists Talking to Legislators and the Media - A Toolkit**

Randall Hagar, Director of Government Relations, California Psychiatric Association

The 2006 Legislative year presents significant challenges to the quality of patient care. Success in 2006 will depend on the advocacy of individual psychiatrists talking to their elected representatives and reporters and editors.

5:00 - 6:00 **Wine Tasting in Exhibit Area**

6:00 - 9:00 **Film & Discussion - East of Eden: Psychological, Literary and Cinematic Issues in the Work of John Steinbeck**

Steven J. Walsh, MD; Susan Shillinglaw, PhD, Professor of English, San Jose State University, Scholar-in-Residence, National Steinbeck Center

Participants will gain an understanding of John Steinbeck’s work in the novel “East of Eden” and its film version, and the relationship of the film/novel to Steinbeck’s own life and experiences.

## Saturday, April 1

### AM

7:00 - 8:00 **The Reflecting Pool: Meditation and Psychotherapy**

Kathryn J. Lee, MD

The workshop will begin with a brief introduction to meditation and its relevance to psychotherapy. Two main types of meditation will be demonstrated. Participants will have the opportunity to practice and discuss.

8:00 - 9:15 **Breakfast Symposium sponsored by the Psychiatric Foundation of Northern California  
Takin It to the Streets- Psychiatric Care in a Homeless Community**

Adam Nelson, MD

Psychiatrists have a new place to practice, and it isn’t a hospital, clinic or a private office. It’s the streets, the shelters, the single-room occupancy hotels, the temporary encampments, or wherever one finds those who are homeless.

9:30 - 11:45 **Clinical Update: The New Biology of Depression**

Samuel Barondes, MD, Chair. Panelists: Owen Wolkowitz, MD; Steve Hamilton, MD; Elissa Epel, PhD  
The speakers will review the latest data on genetics, family history, early life adversity, chronic stress and styles of coping in the development of depression.

### PM

12:00 - 1:30 **President’s Luncheon**

Kenneth S. Thompson, MD; Director, Institute for Public Health & Psychiatry

1:45 - 3:15 **Workshops (A)**

1 **Autism and the Legal System**

John Chamberlain, MD, Chair; Panelists: J. Arturo Silva, MD; Rebecca Powers, MD

This event will feature a discussion of PDD spectrum disorders, how individuals afflicted with these disorders come in contact with the legal system, and relevant legal concepts of importance to mental health clinicians.

## Saturday, April 1, PM ... continued

### 2 **Sailing Stormy Seas: Ethical Aspects of Split Treatment**

Eugene Kansky, MD, Chair. Panelists: Nathan Cohen, MD; Marvin Firestone, JD, MD; Robert Dolgoff, MD  
By the end of the panel discussion participants will understand how to handle situations in which there is a difference of opinion between the prescribing psychiatrist and the non-medical psychotherapist.

### 3 **Cultural Assessment in Clinical Psychiatry: DSM-IVTR Outline for Cultural Formulation (OCF)**

Francis Lu, MD

The workshop will consist of 45 minutes of DVD excerpts from "The Culture of Emotions" and 45 minutes of discussion of the DSM-IVTR Outline for Cultural Formulation.

## 3:30 - 5:00 **Workshops (B)**

### 1 **Working with Asian American Families**

Descartes Li, MD

This workshop will provide an overview of the essential psychosocial issues and concepts in treating East Asian patients and their families.

### 2 **Subjectivity, or What is the Soul?**

Julius Heuscher, MD; Stephen Walsh, MD

The focus of this workshop will be on the importance of psychiatrist and patient attention to inner experience.

### 3 **Families and Anxiety: Teaching Parents How to Help Children Cope with Anxiety**

Margot Thienemann, MD

The speaker will discuss results of a pilot parent-only group cognitive behavioral therapy study and family factors that cause and maintain anxiety.

## 5:00 - 6:00 **President's Reception**

No-host bar in the Exhibit Area



## Sunday, April 2

### AM

## 7:30 - 8:45 **Breakfast Symposium - Schizophrenia from Bedside to Bench and Back: Clinicians, Scientists and Patients Working Together**

Rona Hu, MD

What are the latest findings in schizophrenia research? Where did they come from, and what do we do with them? This talk gives examples of how observations by people with schizophrenia, their families, and clinicians have instructed and guided researchers.

## 9:00 - 10:30 **Psychiatry in the 21st Century**

Craig van Dyke, MD; Mardi Horowitz, MD; Renée Binder, MD

What will be the role of the psychiatrist in 2020? What should it be? Three leaders in the field of psychiatry will present their proposals for different aspects of the future of psychiatry.

## 10:45 - 12:15 **Workshops (C)**

### 1 **Staff Spirituality Group: Building a Community in the Workplace**

C. Paul Yang, MD, PhD; Nang Du, MD

The presenters will share their experiences and research findings from conducting spirituality groups for psychiatry staff at the UCSF-San Francisco General Hospital for the past four years.

### 2 **Collaborating with African American and Latino Families**

Cynthia Resendez, MD and Fatima Imara, MD, Co-Chairs. Panelists: Carolyn Block, PhD; Loma Flowers, MD

This workshop will review factors that affect collaborative work with African American and Latino families and patients.

### 3 **Gay Families: Data (and Papas and Mamas) and Diversity**

Ellen Haller, MD and John Kruse, MD, Co-Chairs. Panelists: Sufen Chiu, MD, Ph.D.; Cynthia Benton, MD

Some politicians, conservative organizations, and citizens are quite vocal about their opposition to gay men and lesbians being parents. The published scientific literature clearly demonstrates that what matters most to a child's healthy development is the way they are parented rather than the gender, number or sexual orientation of their parents.

**Hotel Reservations:** Please make your reservations with the Monterey Plaza Hotel and Spa by March 7 by calling 1-800-334-3999. Be sure to let them know you are with the Northern California Psychiatric Society Group.

# NCPS 47th Annual Meeting Program Registration Form

## March 31 - April 2, 2006

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ Fax \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Names of guests: \_\_\_\_\_

### Registration Fees

- NCPS/APA Member..... @ \$210 \$ \_\_\_\_\_
- Non-Member Physician ..... @ \$290 \$ \_\_\_\_\_
- Other Mental Health Professional ..... @ \$275 \$ \_\_\_\_\_
- Psychiatric Resident ..... @ \$ 0 \$ \_\_\_\_\_
- Guest (no CMEs)..... @ \$ 50 \$ \_\_\_\_\_

### Special Events (reservations required)

#### Friday

- # \_\_\_\_ Friday evening Wine Tasting..... @ \$ 0 \$ \_\_\_\_\_
- # \_\_\_\_ Friday evening Movie (w/dinner).... @ \$ 35 \$ \_\_\_\_\_
- # \_\_\_\_ Friday evening Movie (no dinner) ... @ \$ 0 \$ \_\_\_\_\_

#### Saturday

- # \_\_\_\_ Breakfast (Homeless)..... @ \$ 0 \$ \_\_\_\_\_
- # \_\_\_\_ Presidents Luncheon ..... @ \$ 25 \$ \_\_\_\_\_
- # \_\_\_\_ President's Reception..... @ \$ 0 \$ \_\_\_\_\_

#### Sunday

- # \_\_\_\_ Breakfast (Schizophrenia)..... @ \$ 25 \$ \_\_\_\_\_
- TOTAL \$ \_\_\_\_\_

Check enclosed (payable to NCPS) for total amount.

Or charge to my  Visa  Mastercard.

Acct. No. \_\_\_\_\_ Exp. Date \_\_\_\_\_

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Signature \_\_\_\_\_

### Childcare

I am interested in Childcare and/or the following Childrens' Events (please indicate number of children):

- # \_\_\_\_ Friday evening during Wine Tasting
- # \_\_\_\_ Friday evening family movie with dinner
- # \_\_\_\_ Saturday morning outing to Dennis the Menace Park

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### Program

Please indicate which sessions/events you plan to attend. Reservations are required at those events followed by an (R), and additional fees are required for some. See column at left.

#### Friday

- Dual Disorders
- Advocacy Training
- Wine tasting Reception (R)
- Movie w/dinner (R)
- Movie w/o dinner (R)

#### Saturday

- Meditation & Psychotherapy
- Breakfast - Homeless Community (R)
- Clinical Update - Depression

Workshops A (pick one)

- (1) Austism  (2) Ethics  (3) Cultural

Workshops B (pick one)

- (1) Asian  (2) Soul  (3) Anxiety
- President's Reception (R)

#### Sunday

- Breakfast (Schizophrenia) (R)
- Clinical Update - 21st Century Psychiatry

Workshops C (pick one)

- (1) Staff  (2) African  (3) Gay

Send completed registration form to:

Northern California Psychiatric Society • 1631 Ocean Avenue  
 San Francisco, CA 94112 • 415/334-2418 tel • 415/239-2533 fax