



The 2006 Annual Meeting of the Northern California Psychiatric Society

The Northern California Psychiatric Society (NCPS) is the District Branch that represents more than 1200 psychiatrists who are members of the American Psychiatric Association. Psychiatrists in Northern California look to NCPS to provide them with up to date information relevant to their practice. The Annual Meeting is generally the best attended of these programs, attracting between 120 and 200 psychiatrists for a two and a half day educational program in the spring.



NCPS 2006 Annual Meeting

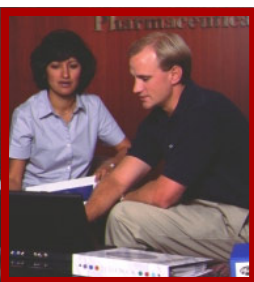
The Northern California Psychiatric Society

March 31st to April 2nd, 2006

Monterey Plaza Hotel

Meeting Summary

This year's annual meeting of the Northern California Psychiatric Society will be in the Monterey Plaza Hotel. This is historically our most popular location. We anticipate that 150 to 200 psychiatrists will attend this year.



An important part of the success of these programs is the opportunity for participants to spend time socializing in a relaxed atmosphere. Our exhibitors have shared with us, year after year, their appreciation for the chance to talk to key psychiatrists at greater length. Participants also find the exhibits an important component of the program. Unlike the hectic pace of the American Psychiatric Association meeting, a District Branch meeting allows psychiatrists to linger a bit longer at a

booth.

This year, as in the past, we will be hosting two evening social activities in the exhibit area. Also, breakfast and snacks will be available in the exhibit area during breaks.

Program

The Office and Beyond: Psychiatry, Family and Community. Conference objectives: The goal of this conference is to examine how psychiatry can reach beyond the office. Now, with a much better understanding of social, psychological and biological factors in psychiatric disorders, psychiatry is poised to once again have a powerful effect on the world we live in. Attendees will learn about the importance of genetics, personal experience and community in shaping treatment response. They will explore opportunities for professional growth beyond the consulting room as teachers and as members of their communities and spiritual institutions.



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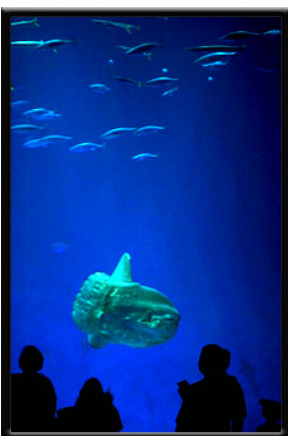
Our goal is to focus on the interplay between genetic and environmental factors in treatment selection and psychopathology as well as the important role that psychiatry plays outside the traditional private practice office, whether through consultation with colleagues, outreach or education in the community, advocacy, involvement in schools, in the legal system, in coping with a disaster, or in many other ways.

The program will include a three hour state of the art clinical update that will focus on the interplay of biology (especially genetics), psychology and community factors in the selection of treatment for mood and anxiety disorders.

We plan to have one breakfast meeting which will highlight a topic of current interest. Our hope is that we can receive an unrestricted grant from a sponsor to pay for the cost of this special meetings. The focus of the program will be on innovative approaches to psychopharmacologic treatment in psychiatry.



A unique feature of our annual meetings is the Friday evening film workshop. Each year a discussant is selected to present a film relevant to the theme of the conference and lead a discussion of the film and the topic afterwards. These programs are extremely popular and participants find them to be a very engaging way of looking at psychiatry from a different perspectives.



We have discussed with the Monterey Bay Aquarium the possibility of a dinner program in the aquarium. We are interested in discussing the format for such a program with potential sponsors.

In addition, there will be a number of workshops, lectures and seminars presented by faculty who are members of NCPS (often faculty from Stanford or UCSF).



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Preliminary Program

FRIDAY, MARCH 31ST

First Session	3-5 pm
Exhibits Open	5pm
Wine Tasting in Exhibit Area (Bonnie Doon) 🍷	5-6 pm
Film with Dinner and Discussion 🍷	6-9pm

SATURDAY, APRIL 1ST

Breakfast Presentation (Sponsored)	7:15 - 9am
Clinical Update: Pharmacogenetics, Family Effects, Treatment Selection 🍷	9-12am
President's Luncheon	12 - 1:30pm
Workshops	2-5pm
Saturday Evening (Monterey Aquarium)	6-9pm

SUNDAY, APRIL 2ND

Networking Breakfast	8-9pm
Symposium	9-10:30am
Workshops	10:30 - 12pm

🍷 Family Options:

- During the wine tasting childcare will be available
- There will be a kid's film with kid's meals and childcare on Friday night
- On Saturday morning there will be a morning outing to the Dennis the Menace playground with childcare.